



ON THE GO S & F TRAVEL FOOD

UNLEASHING FLAVORFUL ADVENTURES: THE DEHYDRATED DELIGHTS OF SPICES & FLAVOUR!

Looking for the ultimate solution to your on-the-go sustenance needs? Look no further than Spices & Flavour's exceptional range of dehydrated food offerings. We're here to tell you why our dehydrated food is a cut above the rest:

LIGHTWEIGHT AND COMPACT: our dehydrated food's reduced water content means it's incredibly light and compact, perfect for situations where space is at a premium.

IDEAL FOR ALL OCCASIONS: whether you're embarking on an overseas adventure, a weekend camping trip, a challenging hike, or preparing for emergencies, our dehydrated food is your reliable companion, boasting unbeatable convenience and an extended shelf life.

NUTRIENT-RICH GOODNESS: Don't compromise on nutrition! Our carefully crafted drying process ensures that our dehydrated food retains its vital vitamins, minerals, and nutrients, giving you a boost even in challenging circumstances.

SUSTENANCE AT ITS BEST: while there might be minimal nutrient loss, our dehydrated food remains an excellent source of sustenance, making it a smart choice for your regular diet.

EXTENDED SHELF LIFE: bid farewell to food spoilage worries! with moisture removed, our dehydrated food lasts significantly longer than fresh alternatives, maintaining its freshness for up to 6 months from the date of preparation.

DIVERSE MEAL OPTIONS: Enjoy culinary diversity even when fresh ingredients are scarce. Our dehydrated food selection provides you with a range of meal possibilities, adapting seamlessly to your various situations.

PREMIUM PREPARATION PROCESS: at spices & flavour, we take dehydrated food to a new level. using steel trays and a touch of extra virgin olive oil, we ensure efficient drying without any sticking issues, all while retaining the nutrient-rich goodness.

NUTRIENT INTEGRITY: our commitment to quality shines through in our dehydrating process. food is gently dried at a maximum temperature of 47°C (116.6°F), preserving its valuable nutrients.

MACHINE-BASED EXCELLENCE: with a meticulous 24-hour machine-driven dehydration process, we maintain consistent temperatures for top-tier quality and a delightful culinary experience.

HYGIENE FIRST: your health is our priority. our state-of-the-art facility upholds stringent hygiene standards, from staff attire to the entire food preparation process. say hello to clean, uncontaminated goodness!

Choose Spices & Flavour for dehydrated food that stands head and shoulders above the competition. Embrace convenience, extend your meal options, and ensure nutritional intake without compromise. With an extended shelf life of 6 months and a dedication to excellence, it's time to savor a healthier, hassle-free way of nourishing yourself on any adventure!

VEG MAINCOURSE

PAV BHAJI	299
SUBZI MUMBAI CHILLY	299
VEG TUFANI	299
VEG KOLHAPURI	299
MOTIYA ZAMEEN TAWA	299
PUNJABI CHHOLE	299
DUM ALOO PUNJABI	299

PANEER SPECIALS

PANEER TIKKA MASALA	299
PANEER LAZEEZ	299
HAPPY HOUSE PANEER	299
AMRITSARI PANEER	299
PANEER LABABDAR	299
PANEER BHURJI	299
PANEER PALAK	299

RICE

SCHEZWAN RICE	299
JEERA RICE	299
DAL KHICHDI	299
TAWA PULAV	299

DAL

DAL FRY / DAL TADKA	299
DAL MAKHANI	299

ROTI

RESHMI PARATHA (4 PCS)	129
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MAKE YOU FAVOURITE INDIAN DELICACY
IN LESS THEN 5 MINUTES!